

**WJS Scheme of Work for Sex and Relationships Education**  
**Year 6 Term 6: Overview**  
**Title: Preparing For Change**

Week Beg:	Lesson Heading	Learning outcomes	Lesson contributes to the following outcomes		
			QCA	ECM	SEAL
10 <sup>th</sup> June	<b>The importance of maintaining personal hygiene</b>	Children: <ul style="list-style-type: none"> <li>▪ Understand why personal hygiene is important</li> <li>▪ Understand how to keep themselves clean</li> </ul>	2f 3a 3c	BH	4 6 7 8
17 <sup>th</sup> June	<b>To understand effect of puberty</b>	<ul style="list-style-type: none"> <li>▪ Understand the changes that will be occurring during puberty for both sexes</li> <li>▪ Understand how to support one another</li> </ul>			
24 <sup>th</sup> June	<b>Being body kind</b>	<ul style="list-style-type: none"> <li>▪ Understand the effect of peer pressure</li> <li>▪ Understand the importance of being assertive in their choices about body image</li> <li>▪ Understand that what they see either online or in print is not necessarily real. (Air brushing / Apps )</li> <li>▪ Know that we are all unique/different and shouldn't compare themselves with others</li> <li>▪ Understand that make-up can be an expression of self- don't follow the crowd</li> </ul>			
1 <sup>st</sup> July	<b>Changing Relationships</b>	Children: <ul style="list-style-type: none"> <li>▪ Recognise and deal positively with peer pressure</li> <li>▪ Understand the importance of communication within relationships</li> <li>▪ Understand and embrace cultural variety</li> <li>▪ Understand that relationships change</li> <li>▪ Understand and accept their feelings towards others and how they change</li> <li>▪</li> </ul>	1c 2b 2f 3i 4c 4d	SS	4 5 6 7 8
8 <sup>th</sup> July	<b>Different relationships</b>	<ul style="list-style-type: none"> <li>▪ To understand the importance of a loving trustworthy and healthy relationship and be able to recognise when one is not</li> <li>▪ Understand that there are many different family circumstances</li> <li>▪ To know where to go to for advice and support</li> </ul>			

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			QCA	ECM	SEAL
15 <sup>th</sup> July	<b>Reproduction</b>	Children: <ul style="list-style-type: none"> <li>▪ Understand human reproduction including sex</li> <li>▪ Understand why there is an age restriction</li> <li>▪ Understand what is safe sex and how to avoid transmitted diseases</li> <li>▪ Understand that in some cultures there is still ritual practices such as FGM</li> <li>▪ To understand that there is a consequence for their actions despite their age</li> <li>▪ Understanding sexting is a criminal offense.</li> <li>▪ To ensure they understand the importance of not sending/receiving images of themselves and others</li> </ul>	1a 2a 2f 3c	BH	2 8