

Autumn 2019 – Term 1 Menu

Week 1 – w/c 2nd & 23rd September, 14th October



	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	Tomato & Mozzarella Pizza ** <i>with Jacket Wedges</i>	Beef Burger & Potatoes	Roast Gammon <i>with Roast Potatoes and Gravy</i>	Sandwiches/Wraps – with a choice of ham & chicken filling With Potatoes	Breaded Fish Fingers <i>with Chips</i>
Alternative Dish	Cheese Flan <i>with Jacket Wedges</i>	Vegetable Burger & Potatoes	Quorn Roast <i>with Roast Potatoes and Gravy</i>	Sandwiches/Wraps – with a choice of cheese & tuna filling With Potatoes	Veggie Hotdog <i>with Chips</i>
Vegetables	Broccoli Sweetcorn	Green Beans Mediterranean Vegetables	Carrots Cabbage	Peas Seasonal Vegetables	Sweetcorn Baked Beans
Jacket Potato	Baked Jackets with a selection of toppings				
Packed Lunches	Cheese or Ham Sandwiches/Wraps				
Desserts	Mango Frozen Yoghurt	Apple Upside Down Cake * <i>with Custard</i>	Flapjack <i>with Fruit Slices *</i>	Brownie Cake	Berry Chill

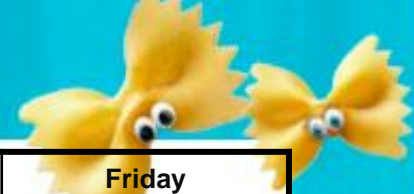
Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily

*Fruit Based **Wholegrain ***Oily Fish



Autumn 2019 – Term 1 Menu

Week 2 – 9th & 30th September



	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	Tomato & Mozzarella Pizza ** <i>with Jacket Wedges</i>	Pork Sausages <i>with Creamed Potato</i>	Roast Turkey <i>with Roast Potatoes and Gravy</i>	Sandwiches/Wraps – <i>with a choice of ham & chicken filling</i> With Potatoes	Crispy Fish & Chips <i>Crispy Battered Pollock</i> <i>with Chips</i>
Alternative Dish	Quorn Burger <i>With Jacket Wedges</i>	Vegetarian Sausages <i>with Creamed Potato</i>	Quorn Roast <i>with Roast Potatoes and Gravy</i>	Sandwiches/Wraps – <i>with a choice of cheese & tuna filling</i> With Potatoes	Cheese Flan <i>With Chips</i>
Vegetables	Crunchy Coleslaw Peas	Roasted Peppers and Sweetcorn Baked Beans	Cabbage Carrots	Broccoli Sweetcorn	Peas Tomato and Cucumber Salad
Jacket Potatoes	Baked Jackets with a selection of toppings				
Packed Lunches	Cheese or Ham Sandwiches/Wraps				
Desserts	Chocolate Sponge Cake <i>with Custard</i>	Strawberry Sponge Swirl	Oatie Biscuit <i>with Fruit Slices *</i>	Chocolate Crispie Cake*	Biscuit/Fruit/ Yoghurt

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily

*Fruit Based **Wholegrain ***Oily Fish



Autumn 2019 – Term 1 Menu

Week 3 – 16th September & 7th October



	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	Tomato & Mozzarella Pizza ** <i>with Jacket Wedges</i>	MAC & Cheese <i>with Jacket Wedges</i>	Roast Chicken <i>with Roast Potatoes and Gravy</i>	Sandwiches/Wraps – with a choice of ham & chicken filling With Potatoes	Golden Fish Fingers & Chips <i>Breaded Fish Fingers with Chips</i>
Alternative Dish	Vegetable Korma <i>with Rice **</i>	Cheese & Potato Pie	Quorn Roast <i>with Roast Potatoes with Gravy</i>	Sandwiches/Wraps – with a choice of cheese & tuna filling With Potatoes	Quorn Dippers <i>with Chips</i>
Vegetables	Broccoli Carrots	Peas Mediterranean Vegetables	Carrots Cabbage	Roasted Summer Vegetable Medley Sweetcorn	Baked Beans Peas
Jacket Potatoes	Baked Jackets with a selection of toppings				
Packed Lunches	Cheese or Ham Sandwiches/Wraps				
Desserts	Peach Slice	Lemon Drizzle Cake	Blueberry Frozen Yoghurt	Apple and Berry Crumble * <i>with Custard</i>	Chocolate Shortbread <i>with Fruit Slices *</i>
Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily *Fruit Based **Wholegrain ***Oily Fish					

