

PSHE Curriculum Framework: Whole School Overview

Rights & Responsibilities			Feelings and Friendship			
Money			Safety & Risk			
Health			Identity			
Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3	<p><u>What are the rules that keep us safe?</u> Importance of school rules for health & safety; hygiene routines; difference between appropriate and inappropriate touch; how to respond; keeping safe in local environment; how to get help in an emergency; people who help us stay safe.</p>	<p><u>What can we do about bullying?</u> Recognising bullying; how to respond and ask for help; people who help us stay healthy and safe.</p>	<p><u>What are we responsible for?</u> Responsibilities; rights and duties at home; in school and the local environment; how actions affect self and others.</p>	<p><u>How can we describe our feelings?</u> Wider range of feelings; conflicting feelings, experiences at the same time; describing feelings; feelings associated with change; recognising wider range of feelings in others; responding to other's feelings.</p>	<p><u>How can we eat well?</u> What makes a balanced lifestyle; balanced diet; making choices; what influences choices.</p>	<p><u>What jobs would we like?</u> What is meant by stereotypes; what it means to be enterprising; working collaboratively to the shared goals; recognise achievements and set targets.</p>

How is this covered?		Anti-bullying week	Rules in RE lessons		Science	
Texts/Resources to support	<p>Into the Forest - Anthony Browne Stranger Danger - Anne Fine I don't want to wash my hands - Tony Ross Dirty Bertie - David Roberts Health for Life (Keeping myself safe) - with Holly Keeping Safe at school from I am, I know, I can - with Holly The Real Winner - Charis Neugebauer Safety at School - Dorothy Baldwin and Claire Lister</p>	<p>Willy and Hugh - Anthony Browne I hate Roland Roberts - Martina Selway Anti-bullying The Literacy Shed https://www.literacyshed.com/anti-bullying-shed.html Health for Life - (Bullies, bullying, pressures & risks) - with Holly Please don't do that / I really don't like that! From I am, I know, I can with Holly What do you think about Racism? - Jan Green You and Me - Brian Moses How do I feel about Bullies - Julie Johnson</p>	<p>What do we want in this class? Let's work together - from I am, I know, I can - with Holly Young Citizen at School - Kate Brooks Young Citizen at Home - Kate Brooks Poems about Schools - Brian Moses</p>	<p>Inside Out film (resources PSHE shared). Little Mouse's Book of Fears - Emily Gravett The Red Tree - Shaun Tan Think about others' feelings from I am, I know, I can with Holly Beyond the Rainbow Warrior - Michael Morpurgo Nearly Best Friends - Wendy Cooling Kind - Janine Arnos & Gwen Green</p>	<p>Food in Schools Toolkit - with Holly Health for Life (Taking Responsibility for my healthy lifestyle/My healthy body) - with Holly</p>	<p>People do different things/Are they all like that? - from I am, I know, I can with Holly People's Jobs - Paul Humphrey What do you want to be Brian? - Jeanne Willis and Mary Rees</p>