

PSHE Curriculum Framework: Whole School Overview						
Rights & Responsibilities			Feelings and Friendship			
Money			Safety & Risk			
Health			Identity			
Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Year 4</b>	<u>What is diversity?</u> Difference and diversity of people living in the UK; values and customs of people around the world; stereotypes.	<u>How can we be a good friend?</u> Actions can affect self and others; discrimination, teasing and bullying; stereotypes; differences and similarities between people.	<u>How do we grow &amp; change?</u> Changes that happen at puberty; keeping good hygiene; describing intensity of feelings to others; managing complex emotions; different types of relationships; what makes a healthy relationship (friendship); maintaining positive relationships; who is responsible for your health and wellbeing; asking for advice.		<u>How can we keep safe in our local area?</u> Managing risk in familiar situations and the local environment; feeling negative pressure and managing this; recognising and managing dares; actions affect yourself and others; people who help you stay healthy and safe.	
How is this covered?	RE lessons India Week				Swattenden/ Activity Week	

<p>Texts/Resources to support</p>	<p>Health for Life (Lifestyles and cultures)- with Holly          We're different but we're the same!          /People are People          From I am, I know, I can with Holly          The World          Population - David Lambert          Brother Sun, Sister Moon - Margaret Mayo and Peter Malone          Stand up for your rights - Peace Child International          Can I buy a slice of sky - Grace Nichols          Charlotte the Gray - Bob Geldof</p>	<p>Anti-bullying The Literacy Shed  <a href="https://www.literacyshed.com/anti-bullying-shed.html">https://www.literacyshed.com/anti-bullying-shed.html</a>          Health for Life (Me &amp; my relationships) - with Holly</p>	<p>Hair in Funny Places - Babette Cole          What's Happening to me? (Boys &amp; Girls versions) - MS has copies.          Health for Life (Healthy Lifestyles Ages 10-11) with Holly          Still Changing/All Change from I am, I know, I can - with Holly          My Body is Private - Linda Walvoord Girrard          Stay Safe - Anita Ganeri          I was a Teenage Warrior - Ros Asquith          The Human Body - Ann Fullock          Let's talk about sex - Robie Harris</p>	<p>Health for Life (Keeping myself safe) - with Holly          Is it risky? From I am, I know, I can with Holly          Stranger Danger - Anne Fine          The Streetwise Kid - Lorraine Simeon &amp; Sarah Jane Stewart</p>
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