

Re: Measuring height and weight of Reception and Year 6 children

As set out in the White Paper, *The Importance of Teaching*, good schools play a vital role as promoters of health and wellbeing in the local community, understanding well the connections between pupils' health and their educational achievements.

The National Child Measurement Programme (NCMP) is an important part of our local area work to promote healthy weight in children. Your participation in the NCMP last year was greatly appreciated, and we would like to ask for your continued support by participating again this year.

More than 99% of state-maintained primary and middle schools across England take part in the programme which means robust data are collected. The information enables us to have a good understanding about children's weight status and trends in our area and helps to guide the planning and delivery of children's services.

As you will be aware, the programme is led by local authorities and involves us measuring the height and weight of all Reception and Year 6 children in schools. Delivery has been most successful in areas where schools have provided assistance, and we would be grateful for your cooperation as we undertake the programme over the coming months by:

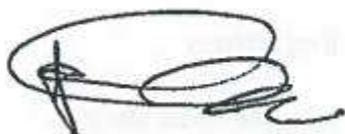
- identifying any children who are unable to participate because of disability, medical condition or other reason;
- sending letters to parents and carers to inform them about the programme and the opt out process (we will provide you with a letter to be given to pupils to go to their parents);
- collating names of any children who have been withdrawn from the programme by their parents;
- providing class lists of relevant year groups;
- identifying a room or area where measurements can be taken privately; and
- arranging staff to help bring children to and from the measurement area.

Further information about the programme is available at www.gov.uk, and a report on last year's NCMP results for England is available at: <http://www.hscic.gov.uk/ncmp>. You will have received your school's results at the end of last term.

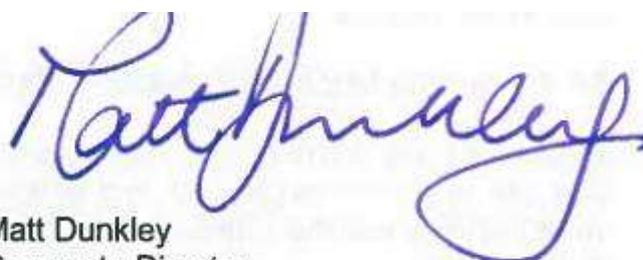
Please find information providing advice on the [General Data Protection Regulation and primary school health data collections](#).

If you have any queries, please do not hesitate to contact Primary School Public Health Service on 0300 123 4496 or by emailing nem-tr.kentchildrenandyoungpeoplehealthservices@nhs.net.

Yours sincerely,



Andrew Scott-Clark
Director of Public Health
Kent County Council



Matt Dunkley
Corporate Director
Children, Young People and Education