



## **Canterbury Gymnastics Club's Half Term Camp**

### **Half Term Camp**

Our Holiday Camps will provide your children with lots of fun each day while they learn exciting gymnastic and freestyler skills and join in with free play and fun and games. We provide expert coaches, all BG qualified, insured and CRB checked, We are always on the lookout for natural gymnastic and Freeg talent and because our camps are open to non-members, we find this is often a good route for parents who wish to explore a child's ability in a relaxed and informal setting. This camp is open to all children who are of school age.

Camps run from 9am till 4pm and all participants should bring a packed lunch. Our camps will offer fun gymnastics activities and games using our specialist equipment which includes: vault, high bars, parallel bars, asymmetric bars, beams and tumble track. Children also learn to use a variety of hand apparatus properly including: balls, ribbons, hoops and ropes.

Our coaches separate the children into appropriate age groups when appropriate. All children are encouraged to try things at their own pace and to have fun at the same time.

Dress Code: Leotard or t-shirt & shorts and bare feet. For safety reasons, we cannot allow any kind of jewellery when participating in gymnastics activities; this includes earrings of any kind, even studs. Please remember lots of water.

February 18<sup>th</sup> - 22<sup>nd</sup> 2019

Cost: £25 per day, £15 per half day (9am - 12.30pm or 12.30pm - 4pm).

#### **Daily Schedule:**

9am - 12pm Structured gymnastics sessions using all equipment

12pm - 1pm Lunch Break (not provided)

1pm - 4pm Games & Activities - team games, free play, Acro etc

#### **Cost:**

9am - 4pm : £25.00

9am - 12pm: £15 - welcome to stay for lunch until 1pm

1pm - 4pm : £15 - welcome to join us for lunch at 12pm

**SPECIAL OFFER: Book 5 full days £100.00!**

We will be running camps in all school holidays except Christmas. We have some special deals for early bookers so you to make some fantastic extra savings. Please see our website for all dates

[www.canterburygymnastics.co.uk](http://www.canterburygymnastics.co.uk).

4 day deal £90.(Bank Holiday weeks)

1 full week £100

Any five days £110

10% sibling discount

A non- refundable deposit of £10 per day must be paid in advance at time of booking by cheque (made payable to CGC Leisure Ltd), cash, card or bank transfer. If using bank transfer the details are as follows:-

CGC Leisure Limited

NatWest

Sort Code: 60-04-27

Account No: 90914996

Please use the child's name plus "CAMP" as the payment reference

Consent forms should be completed and returned, together with payment, as soon as possible to avoid disappointment.

Please return consent form and payment to:

CGC Leisure Limited.  
Unit 4 Cotton Road  
Wincheap Industrial Estate  
Canterbury  
Kent  
CT1 3RB

Please fill out this form in BLOCK CAPITALS.  
I give my permission for  
(Childs name).....  
to attend CGC for the Half term Camp 2019

BG Membership Number (if applicable).....

Method of Payment Cash, Cheque, Card, Bacs (please indicate which)

Please indicate which days / half days are required.

February 18<sup>th</sup> – 22<sup>nd</sup> 2019

DOB ..... Male/Female

To the best of my knowledge these are all my child's medical /specific conditions/medication.

.....

Address.....

.....Postcode.....

Email address.....

Contact Number(s).....

.....

I give permission for my child to receive basic first aid in the gym, should further medical attention need to be sought we shall contact the parent/guardian on the above contact numbers

Parent/Guardian's name.....: Signed:.....

Date: .....

We regret to inform you that this course is non-refundable and is subject to change due to demand.