



Whitstable Junior School

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3rd February 2020

Dear Parent/Carer

Forest School Visits – 5th, 12th & 19th March 2020

We have been lucky enough to secure a day at the Quex Park forest school for our Year 4 children, spread out over 3 days – Class 4O will go on Thursday 5th March, Class 4L on Thursday 12th March and Class 4W on Thursday 19th March.

Forest School is based on a Scandinavian concept of embracing the outdoors, giving children and adults a wonderful and rare opportunity to enjoy nature and the outdoors in a safe, secure and hands-on woodland environment. The 8 main outcomes Forest School aims to deliver are confidence, social skills, language and communication, motivation and concentration, physical skills, knowledge and understanding, new perspectives and the ripple effect.

They do this by taking parts in activities such as bug hunting, scavenger hunts, tree climbing, den building, working with tools, exploring animal homes and habitats, identifying flora and fauna, the fire circle and outdoor cooking tree identification and so much more. These activities help children develop their self-esteem and grow in confidence and learning how to manage their own risk and emotional intelligence. Children will understand how to communicate with each other and work as a team. This encourages brain and neural development, inspires creativity and imagination, develops fine motor skills and improves health and wellbeing.

Children will be transported to and from the site in our school minibuses, they will need to be in school by 8.45am, and we will be back by 3.15pm at the latest. They will need to bring a packed lunch (if your child is entitled to free school meals and you would like the school to provide a lunch, then please tick the box on the permission slip below) and wear suitable clothing as per the attached information. A parental consent form needs to be completed and returned to the school along with the permission slip below and a donation of £10, which I'm sure you will agree is a great price for such a good day out.

We are looking forward to a great day with the children in this fabulous outdoor environment.

Should you have any questions or queries then please do not hesitate to contact us.

Kind regards

Miss Leaver, Miss Oliver & Mrs Wiltshire

Year 4 Teachers

Year 4 Quex Park Forest School Trip – Please return to the office with £10 donation by Monday 2nd March 2020

I agree/do not agree (please delete) to my child..... Class..... taking part in the outing to Quex Park Forest School on Thursday 5th/12th/19th March 2020

My child is entitled to Free School meals and I would like the school to provide one – Yes/No

I agree to my son/daughter receiving medication as instructed and any emergency dental, medical or surgical treatment including anaesthetic or blood transfusion, as considered necessary by the medical authorities present (please contact the school if you require further information or explanation).

Signed Date

Emergency Contact No. on the day

