



# Whitstable Junior School

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Headteacher: Mrs. Annie Knoupe BA (Hons) PGCE

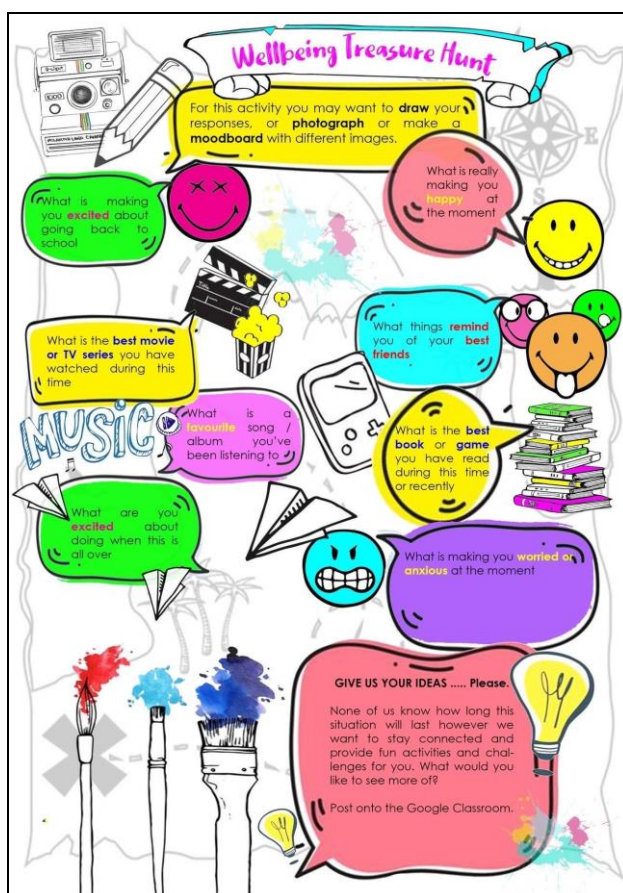
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Friday 24<sup>th</sup> April 2020

Dear Parents and Carers,

Hello and welcome to this week's **Feel Good Friday** letter. We hope you have had another good week and have found lots of things to occupy yourselves whilst we stay home and save lives.

We know that these strange times leave people feeling lots of different emotions, so this week we have found this Well Being Treasure Hunt that you can share together as a family to talk about and explore some of the thoughts and feelings you may be having.



Have a great weekend and see you next week.

Ms Collin, Leanne and Naomi.

The Wellbeing Team

