



Whitstable Junior School

Oxford Street, Whitstable, Kent, CT5 1DB

Tel: (01227) 272385

Headteacher: Mrs. Annie Knoupe BA (Hons) PGCE

e-mail: manager@whitstable-junior.kent.sch.uk

Friday 26th June 2020

Dear Parents and Carers,

What a beautiful week we have had – it's so much easier to 'feel good' when the sun is shining. I even loved being woken by the thunderstorm this morning, and my garden certainly loved it!

I hope you enjoyed last week's culinary treats and this week we have a lovely recipe for a strawberry smoothie ice lolly – yum!

<https://www.healthylittlefoodies.com/strawberry-smoothie-ice-lollies/>



While you are enjoying these lollies you might like to share these 'take what you need' tokens. They were designed by Dr Karen Treisman who is a clinical psychologist and she suggests that you cut them out and use them as they are, or stick them on card, stones, buttons, badges or Lego etc. They are a relational message and a thinking of you token.





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Have a lovely weekend and week ahead.

Best wishes,

Ms Collin, Leanne and Naomi.
The Wellbeing Team

