



# Whitstable Junior School

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Dear Parents and Carers,

## Self-isolation Reminders

I am aware that the guidance on self-isolation can be very confusing and so I am hoping that the brief clarification below will help clear the fog.

- 1) If your child's school bubble has to close **your child must not leave home and attend public places even if they have no symptoms**. Other members of your household can continue normal activities provided your child does not develop symptoms within the 14-day self-isolation period.
- 2) If **ANY** member of the household has symptoms of COVID19 the rest of the household **must** self-isolate until a negative test result is returned or a period of 14 days has passed since symptoms began.

The key thing to remember is that we are trying to prevent the spread of infection. So, if anyone has symptoms of COVID19 then they must self-isolate and anyone who lives with them must do this too, even if they don't have symptoms.

Many thanks for following these government guidelines.

Warm wishes,

Annie Knoupe  
Headteacher

