

Whitstable Junior School

Oxford Street, Whitstable, Kent, CT5 1DB

Tel: (01227) 272385

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11th May 2021

FOR PARENTS/CARERS OF CLOSE CONTACTS OF COVID 19 at Whitstable Junior School

Advice for Child to Self-Isolate for 10 Days

Dear Parents and Carers,

Your child must stay at home and self-isolate until Monday 17th May 2021. Your child can return to school on Tuesday 18th May.

We have been made aware that we have a confirmed positive case of coronavirus (COVID-19) at Whitstable Junior School in **5M**.

We have followed the national guidance and have identified that your child has been in close contact with the affected child. In line with the national guidance **your child must stay at home and self-isolate until Monday 17th May 2021. Your child can return to school on Tuesday 18th May 2021.**

Self-Isolation

Your child must not leave home and attend public places. If your child is well at the end of the 10 days period of self-isolation, then they can return to usual activities.

Other members of your household **can continue normal activities** provided your child does not develop symptoms within the 10 day self-isolation period.

Please see the link to: Guidance for contacts of people with confirmed coronavirus (COVID-19) infection who do not live with the person

<https://www.gov.uk/government/publications/guidance-for-contacts-of-people-with-possible-or-confirmed-coronavirus-covid-19-infection-who-do-not-live-with-the-person>

Remote Learning

We will be providing remote learning via Google Classrooms from Wednesday 12th May. Mrs Migden will hold a live reading session at 3pm on Wednesday. From Thursday 13th May live lessons in maths and English will start following the timetable below.

9-10 - Live English Lesson

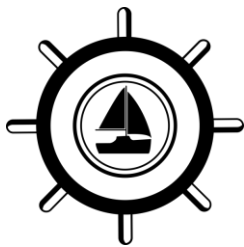
10-11-Choice of activity-(pre-recorded live / foundation lesson / link /TTrockstars, Spelling Shed, Reading)

11:30-12:30 – Live Maths Lesson

1:30-2:30 - Choice of activity-(pre-recorded live / foundation lesson / link /TTrockstars, Spelling Shed, Reading)

3-3:15pm- Live reading session

If you are unable to access Google Classroom, please let the office know and we will provide your child with a paper learning pack.



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What to do if your child develops symptoms of coronavirus (COVID 19)

Having been identified as a close contact, if your child then develops symptoms of coronavirus (COVID-19), they should remain at home for at least 10 days from the date when their symptoms appeared. Symptoms of coronavirus (COVID-19) are a new, continuous cough, or a high temperature, or a loss of, or change in, their normal sense of taste or smell (anosmia). Anyone with symptoms will be eligible for a PCR test - this is the type of test that is normally available and can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119.

People who do not have symptoms or have not tested positive using a Lateral Flow Device should not request a PCR test unless this has been specifically requested by Public Health England or the local authority.

All other household members who remain well must stay at home and not leave the house for 10 days. This includes anyone in your 'Support Bubble'.

The household isolation period includes the day the first person in your household's symptoms started (or the day their test was taken if they did not have symptoms) and the next 10 full days. This means that if, for example, your 10 day isolation period starts on the 15th of the month, your isolation period ends at 23:59 hrs on the 25th and you can return to your normal routine.

Household members should not go to work, school or public areas, and exercise should be taken within the home. If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online.

Household members staying at home for 10 days will greatly reduce the overall amount of infection the household could pass on to others in the community.

If you are able, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period. If that is not possible, anyone with symptoms should try and stay as far away as possible from vulnerable members of your household.

For more information, please read PHE's 'Stay at Home' guidance:

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>



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For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from the nhs.uk website at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/>. If you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at <https://111.nhs.uk/> or by phoning 111.

How to stop coronavirus (COVID-19) spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with coronavirus (COVID-19):

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further Information

Further information is available at

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

Test and Trace Support Payments

You may be eligible for a one-off Test and Trace Support Payment of £500. Check here to see the eligibility criteria for receiving this. [Eligibility Criteria](#)

We know that you may find this concerning but we are continuing to monitor the situation and are working closely with Public Health England.

Once again thank you for your continued support.

Kind regards,

Annie Knoupe

Headteacher

