



This Harvest we would appreciate:

- instant mash
- canned potatoes
- cup soup
- long life juice
- long life whole milk
- canned ham
- rice pudding
- jam
- instant coffee
- dog food
- large nappies (sizes 5, 5+, 6, 6+)
- cleaning sprays
- washing up liquid
- toiletries (all)

Donations can be left in our supermarket collection bins. See our website for a full list of locations.

We have good stocks of pasta, rice, beans, soup, tinned tomatoes and tea at the moment, thank you

If you need support, please call **01227 936450**
or email **info@canterburyfoodbank.org**

canterburyfoodbank.org



Canterbury Food Bank is a registered charity (1153791)



Serving Canterbury, Whitstable,
Herne Bay and villages