



Whitstable Junior School

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Thursday 21st October 2021

Dear Parents and Carers,

WJS Embraces Meat-Free Mondays!



This November, world leaders will come together at the COP26 climate change conference in Glasgow with the opportunity to commit to measures to protect our planet.

Overwhelming scientific evidence shows that animal agriculture is having a detrimental environmental impact. In a nutshell: cows = methane = greenhouse gas = global warming! Watch the film clip on this site to find out more: <https://meatfreemondays.com/get-involved/>

Did you know that it takes approximately 30 bathtubs full of water to produce just 1 beefburger? But world leaders, up until now, have not made strong commitments to reducing meat and dairy production, or encouraged people to eat more plant-based food. And that's where we can help! ...

We have spoken to our School Council and Pupil Leadership Team and asked them if they would like the school to support Meat Free Mondays. It was a resounding yes!

So, from Monday 8th November our school dinner and lunch choices will be Meat-Free on a Monday, whilst still maintaining the high-quality and delicious taste. We are also hoping that as a whole school community this might become something that we can all take on board, so we are hoping that, where possible, any **home** packed lunches and snacks are also meat-free every Monday too; you may even want to try plant-based for the day too! Of course, this is not compulsory at all.

Should your child have any specific dietary requirements/preferences preventing a 'school choice Meat-Free Monday', please email the office on: manager@whitstable-junior.kent.sch.uk and we will let the school kitchen know.

Should you decide to make this change to Meat-Free Monday's, then please share any photos of your delicious meals with us so that we can share these with the Meat-Free Monday's team.

Yours Sincerely

Mrs Roy
Assistant Headteacher

