

THREE WEEK MENU

SPRING/SUMMER 2022

OUR NEW MENU
CHOSEN BY
PARENTS AND
CHILDREN



YOUR
FAVOURITES
AVAILABLE
EVERY DAY



WEEK 1 MENU

W/C: 29/8, 19/9, 10/10.



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Hot Main Dish (Option A)

Cheese and Tomato Pizza
With potato Wedges  

Hot Chicken Sandwich
With Potato Wedges

Roast Chicken with Roast Potatoes and Gravy
Succulent roast chicken with fluffy roasties and tasty gravy

Panini Day
Ham & Cheese Panini

Golden Fish Fingers and Chips
Crispy fish fingers and scrummy chips


Alternative Dish (Option B)

Burrito  
A soft wrap filled with lightly spiced veggies and rice

The Incredible Burger 
With Potato Wedges



Quorn Roast  
With Fluffy Roasties and Tasty Gravy

Panini Day
Cheese & Tomato Sauce Panini


Quorn Dippers and Chips 
Crispy Quorn nuggets with their fave sauce – ketchup


Jacket Potato

Jacket Potato 
with a choice of fillings

Jacket Potato  
with a choice of fillings
Including Salmon Mayonnaise

Jacket Potato 
with a choice of fillings

Jacket Potato 
with a choice of fillings

Jacket Potato 
with a choice of fillings

Salads

A Selection of Fresh Salads
Including lettuce, cucumber, tomato, grated carrot

A Selection of Fresh Salads
Including lettuce, cucumber, tomato, grated carrot

A Selection of Fresh Salads
Including lettuce, cucumber, tomato, grated carrot

A Selection of Fresh Salads
Including lettuce, cucumber, tomato, grated carrot

A Selection of Fresh Salads
Including lettuce, cucumber, tomato, grated carrot

Vegetables

Green Beans and Sweetcorn

Peas and Broccoli

Carrots and Cabbage

Broccoli and Sweetcorn


Baked Beans and Peas

Desserts

Raspberry Ripple Ice-Cream

Secret Brownie

Shortbread Biscuit
with Fruit Slices 






Berry and Peach Oaty Crumble
with Custard 

Lemon Slice

SPRING/SUMMER 2022

Available Daily
Sandwiches and Wraps with fillings.
With the choice of:
Ham, Cheese, Tuna Mayo or
Houmous and Roasted Vegetables

AVAILABLE EVERY DAY
WATER, SALAD, FRESHLY BAKED BREAD,
YOGHURT & FRESH FRUIT

 Vegetarian  Oily fish  Wholegrain  Fruity!  Nutritionist's Choice

WEEK 2 MENU

W/C: 5/9, 26/9, 17/10



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Hot Main Dish
(Option A)

Veggie Bolognese
Penne pasta in a yummy tomato sauce

Pork Sausage
With Mashed potato

Roast Beef with
Roast Potatoes and Gravy
Succulent roast beef with fluffy roasties and tasty gravy

Panini Day
Ham & Cheese Panini

Golden Fish Fingers and Chips
Crispy fish fingers and scrummy chips

Alternative Dish
(Option B)

Cheese and Tomato Pizza
Cheesy tomato topped pizza slice

Veggie Sausage and Mash with Gravy
Fluffy mash with veggie sausages and rich gravy

Quorn Roast
With Fluffy Roasties and Tasty Gravy

Panini Day
Cheese & Tomato Sauce Panini

Tomato Veggie Burger with Chips

Salads

A Selection of Fresh Salads
Including lettuce, cucumber, tomato, grated carrot

A Selection of Fresh Salads
Including lettuce, cucumber, tomato, grated carrot

A Selection of Fresh Salads
Including lettuce, cucumber, tomato, grated carrot

A Selection of Fresh Salads
Including lettuce, cucumber, tomato, grated carrot

A Selection of Fresh Salads
Including lettuce, cucumber, tomato, grated carrot

Jacket Potato

Jacket Potato
With a choice of fillings

Jacket Potato
With a choice of fillings

Jacket Potato
With a choice of fillings

Jacket Potato
With a choice of fillings

Jacket Potato
With a choice of fillings

Vegetables

Carrot Sticks and Cucumber Sticks

Peas and Broccoli

Carrots and Cabbage

Green Beans and Sweetcorn

Baked Beans and Peas

Desserts

Flapjack with Fruit Slices

Peach Shortbread Pudding and Custard

Crunchy Chocolate Biscuit

Raspberry Ripple Cake

Vanilla Ice-Cream

SPRING/SUMMER 2022

Available Daily
Sandwiches and Wraps with fillings.
With the choice of:
Ham, Cheese, Tuna Mayo or
Houmou and Roasted Vegetables

AVAILABLE EVERY DAY
WATER, SALAD, FRESHLY BAKED BREAD,
YOGHURT & FRESH FRUIT

Vegetarian Oily fish Wholegrain Fruity! Nutritionist's Choice

Internal

WEEK 3 MENU

W/C:, 12/9, 3/10



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Hot Main Dish

Cheese and Tomato Pizza



Chicken Tikka Masala
With Rice

Roast Gammon
with Roast Potatoes and Gravy
Succulent roast gammon with
fluffy roasties and tasty gravy

Panini Day
Ham & Cheese Panini

Southern Fried Chicken Tasters
Lightly seasoned crispy chicken
strips and scrummy chips

Alternative Dish

Veggie Bolognese
With Wholemeal Pasta

Macaroni Cheese

Quorn Roast
With Fluffy Roasties and Tasty
Gravy

Panini Day
Cheese & Tomato Sauce Panini

Quorn Dippers with Chip[s]

Salads

A Selection of Fresh Salads
Including lettuce, cucumber,
tomato, grated carrot

A Selection of Fresh Salads
Including lettuce, cucumber,
tomato, grated carrot

A Selection of Fresh Salads
Including lettuce, cucumber,
tomato, grated carrot

A Selection of Fresh Salads
Including lettuce, cucumber,
tomato, grated carrot

A Selection of Fresh Salads
Including lettuce, cucumber,
tomato, grated carrot

Jacket Potato

Jacket Potato
With a choice of fillings

Jacket Potato
With a choice of fillings

Jacket Potato
With a choice of fillings

Jacket Potato
With a choice of fillings

Jacket Potato
With a choice of fillings

Vegetables

Peas and Carrots

Sweetcorn and Broccoli

Carrots and Cabbage

Green Beans and Sweetcorn

Baked Beans and Peas

Desserts

Oatie Biscuit with Fruit Slices

Pineapple and Peach Crumble
With Custard

Strawberry Ice Cream

Chocolate Sponge Cake

Crispy Snow Bar

SPRING/SUMMER 2022

Available Daily
Sandwiches and Wraps with fillings.
With the choice of:
Ham, Cheese, Tuna Mayo or
Houmous and Roasted Vegetables

AVAILABLE EVERY DAY

WATER, SALAD, FRESHLY BAKED BREAD,
YOGHURT & FRESH FRUIT

Vegetarian Oily fish Wholegrain Fruity! Nutritionist's Choice

Internal