Whitstable Junior School

Sports Newsletter- Terms 5 and 6 2022



Welcome to our last sports newsletter of the academic year 2022. This edition celebrates the children's incredible sporting achievements and highlights from the summer terms before they leave for the holidays. I would like to say how proud I am of the children who have always demonstrated such teamwork, compassion and resilience; they are such an inspiration to us all. I would also like to say a huge thank you to Mr Kidd, Miss Lodge and Miss Oliver who have run sports clubs and taken many children to sporting competitions throughout the year, which provide such great memory-making moments for all the children involved.

Mrs Roy



Schools Games Award 2021-2022

We are delighted to announce that we have achieved the School Games Gold Mark Award for the 2021/22 academic year. The School Games Mark is a Government-led award scheme launched in 2012, facilitated by the Youth Sport Trust, to reward and recognise schools engagement (provision and uptake) in the School Games against a national

benchmark and to celebrate keeping young people active. We are delighted to have been recognised for our success. We are extremely proud of our pupils for their dedication to all aspects of physical activity and school sport, including those young volunteers, leaders and officials who made our events possible. We are committed to using the School Games to try and engage those young people who haven't previously been active or represented our school and to try and ensure that all our students have a positive experience and want to try out new activities beyond school too in our community. We believe in the power of physical activity and school sport and give opportunities to those young people that need it most either as a participant, leader, official or volunteer. As part of our application, we were asked to fulfil criteria in the areas linked to the five School Games outcomes and we are pleased that the hard work of everyone at our school has been rewarded this year.

Sports and Fitness Week 2022

The entire school community had an amazing week as they embraced new skills, challenged themselves to achieve their personal best and worked together as a team.

Throughout the week, our awesome Sports Crew began each day with motivational 'Wake Up and Shake Up' routines on the school playground. Children were able to join in for as long as they liked before going off to class to be registered; the sun shone and the music resonated around the playground,

which made for a great start to each day. After break, the



Sports Crew also visited each classroom to model and teach various Classroom Yoga positions that helped to calm, focus and enhance the well-being across the school. During the week the children explored how they can keep healthy and fit, investigated influential Sports People and new and exciting sporting activities.

On Thursday, we held our very first Sports Day at home on our lovely new Multi-Sports Pitch. As well as this, the children competed for the first time with our new House names: Willow, Ash, Maple and Oak. It was so wonderful to see the children competing as a team as well as individually, enjoying a range of group challenges and mixed sprints and relays. Our Sports Crew and House Captains did an outstanding job of running each event, encouraging the children to do their best and keeping track of scores. Without

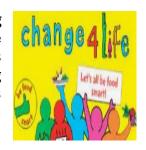
doubt, the experience was enhanced by the wonderful parent/carer support, which we have not been able to do for the last few years. Great memories and achievements was had by all and of course a huge 'Well Done' must go to the winning team: Oak House!





Upper and Lower School Change for Life after School Club

Mrs Migden, Mrs Pemble and Mrs Checksfield have thoroughly enjoyed bringing together both Upper and Lower School phases for the last round of Change for Life club this year. Again, the children were immersed in a variety of culinary delights, as well as fun activities that increased their active minutes. They ended the year planting their very own seedlings to take home and care for over the summer; the challenge is on to see who can look after them the best!



Awesome Alternative Activities afternoon



We began term 5, with a great sporting event for those children who love to be active but dislike the competitive element. Year 3 and 4 attended a fantastic afternoon full of a variety of sporting activities, which developed their hand-to-eye co-ordination and skills. They were, as always, a delight to take out of school and a credit to us all. They had an amazing time and thoroughly enjoyed getting to know



children from other schools too!

Year 5 and 6 Inter-house Football Fixtures Competition

Later in term 5, we took a mixed group of children to compete against all the local schools. We were proud to be the only school that had brought a mixed football team, whereas all the other schools had only bought boys to compete! We came up against some very strong competition and still won our league, which was a testament to how talented they are and how well they perform as a team!



Unfortunately, we lost to Reculver Primary School in the quarter final, however we still finished 7th out of 16 schools. Our team was amazing. Well Done!

Upper School Rounder's Competition



A great competition was had by all, as we attended the Rounder's Competition at Herne Bay High School in term 6. It was a very strong league, which resulted in us losing our first 2 games but only by the smallest of margins (half a rounder to be precise).

After which, we managed to tie the next game and win all of our last games, which demonstrated their amazing resilience. Overall, we finished 3rd in our group, which was an awesome result. Well Done Team!

Mixed Dynamo Cricket Competition for Year 5 at Chestfield cricket club



In July, we attended a mixed Upper School cricket competition, with 16 teams from across the local schools all taking part. It was a fantastic event with lots of nail-biting finishes. Our team were amazing and showed everyone just how resilient and community minded they are. They didn't progress to the final, but were amazing nonetheless!

Athletics Festival at HBHS for year 3,4 and 5

Our last competition of the year, was at Herne Bay High school and involved children from across year 3, 4 and 5, all competing in a range of athletics events. Our wonderful team performed fantastically well in the scorching hot weather, with some really strong competition that was often older than they were. They finished midway overall but their energy, commitment and behaviour was exemplary.



Swimming for Year 4 and 6

In term 6, both year 4 and 6 attended swimming lessons at our local swimming pool. As we are based in a coastal town, it is so important to us to ensure that our children leave year 6 being able to swim with confidence. Sadly, due to COVID, this has been the first year that we have been able to complete this for a while; however, each child thoroughly enjoyed their sessions each week; all aiming to be able to swim 25 meters by the end of year 6. Next year, we will be ensuring all year groups go swimming throughout the year.

Thank you for taking the time to read our Sports Newsletter for Terms 5 and 6. I hope you all have a wonderful break and enjoy the summer holidays. Looking forward to next year, we are excited at the launch of our new Sports Crew and House Captains, plus competing in the wide range of competitions, both interschool and intra-school.

Keep active!

Kate Roy

July 2022