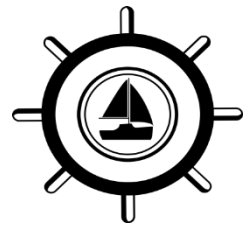


Whitstable Junior School

Sports Newsletter- Terms 3 and 4 2022



Welcome once again to our sports newsletter; this time celebrating the sporting achievements and highlights for Terms 3 and 4. It has been great to be able to finally organise inter-school competitions, which has meant that the WJS sports teams have been able to get out and about to other schools and compete face-to-face. I would like to take the opportunity to say how proud we are of all the children who have taken part so far; they are credit to themselves- always demonstrating resilience, team work and kindness no matter what the outcome.

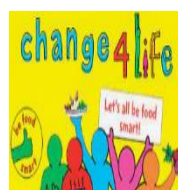
Mrs Roy

Sports Crew

Sports Crew have been involved in training for lunchtime activities on the large playground, including cricket and basketball, so that they can support the children in structured games with the Learning Support Assistants. This will be expanded upon over the next few terms. They have also demonstrated their community spirit by taking part in a Walk for Water event at the University of Canterbury; walking 6km with backpacks containing water to enable them to empathise with children in Africa who have to walk miles to gain clean water, as well as raising money for the charity. Lastly, we will be launching the Yoga and Wake Up and Shake Up sessions in Term 5 and 6.



Lower School Change for Life after School Club:



Mrs Pemble and Mrs Checksfield thoroughly enjoyed running our Change for Life Club for lower school. The children have sampled a wide variety of nutritious and delicious food such as tasty rainbow fruit kebabs, all presented in a fun and interesting way. They have also been out and about improving their fitness levels on the multi-sports pitch. We will be running the next round of both Upper and Lower School Change for life clubs during term 6, so that they can complete some joint activities together and make the most of the sunshine: watch out for the letter at the end of term 5.

Thrilling Speed Stacking Tournament:

In Term 3, we took part in a Speed-Stacking Tournament against 8 other schools in the area. Sadly, we had to complete the tournament here in our school hall, instead of at Herne Bay High due to COVID restrictions; however, this did not affect the excitement of the competition. In fact, it enabled us to include far more children from Upper School than had it been off site. All the children from Upper School Change for Life Club took part, as well as Sports Crew; every child thoroughly



enjoyed mastering the different events and formations; it proved super brain-gym for all that took part. The timed 3-6-3 relay really was a nail biting finish! Even though we didn't win against any of the other schools, all the children worked so well together and supported each other throughout.



Cross Country Competition:



During Term 4, our Upper School children also took part in an endurance race at Herne Bay that definitely tested their physical fitness as they competed against 10 other schools in a 1,500km race. The children certainly represented WJS perfectly with all the children finishing with very respectable times, in tough conditions underfoot.

Handball Competition:

We also competed in a recent Handball Tournament at Herne Bay High school. A mixed boys and girls upper school team played with such commitment, enjoyment, dedication and intelligence. We lost our first match but then proceeded to improve and win our next three matches. Missing progressing to the semi-finals by a goal difference of one. The team finished 5th out of 15 schools. As always, they wore the WJS badge with respect and pride and should be proud of the nature in which they went about representing the school.



Quote from the children

Quicksticks Hockey Festival

Looking forward to next term

In Term 5 and 6, we are looking forward to many more amazing competitions, ranging from taking part in a Football Futures spring competition to a rounder's festival, girl's dynamo cricket and mixed cricket, as well as an athletics festival.

We are also excited about our Term 6 Sports Week that will encourage our children to explore different sports, research influential Sports People and appreciate the importance of finding a sport and/or exercise that they enjoy. During this week, the children will also be preparing for our Sports Day that will be held on site and run by our very own Sports Crew (as well as myself and Mr Kidd)

Thank you for taking time to read our Sports Newsletter for Terms 3 and 4. I hope you all have a wonderful break and enjoy Easter.

Kate Roy

March 2022