

# Winter in Whitstable survey

\* Required

We, The Umbrella Cafe CIC and The Whitstable Umbrella Community Centre are looking to find out what our community is worried about this winter and how we might be able to help - we would be so grateful if you could complete this ANONYMOUS SURVEY.

**Winter in Whitstable.  
Share your concerns with us.**



1. 1. What age are you? \*

*Mark only one oval.*

- 18-25
- 25-40
- 40-60
- 60+
- Prefer not to say

2. 2. Do you live in Whitstable? \*

*Mark only one oval.*

Yes

No

3. 3. If you are comfortable sharing, please tell us your postcode - this helps us know if we have reached a wide section of the community.

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4. 4. How many people currently live in your home? \*

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5. 5. Do you have any children living with you? \*

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6. 6. As winter approaches are you worried about any of the following? \*

*Check all that apply.*

	not at all	a little	very
<b>Being able to afford to feed your household</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Your physical health or mental health</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Feeling isolated</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Cost of heating</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Rent/ mortgages</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Cost of utilities</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Employment</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

7. Are there any other issues you are worried about that are not listed above?

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## 8. 7. Which of these areas do you think you might need support with? \*

*Check all that apply.*

- Physical or mental health
- Employment
- Mental health
- Rent/mortgage
- Cost of utilities
- Feeling isolated
- Cost of heating
- Being able to afford food
- None of the above

## 9. 8. Would any of the following be useful to you as winter approaches? \*

*Check all that apply.*

- Advice and signposting
- Access to warm items such as extra blankets, hot water bottles, duvets etc
- Food banks
- Be-friending or social groups
- Mental health support
- Physical health activities
- None of the above

## 10. 9. Where would you usually go to access support? \*

*Check all that apply.*

- GP
- Community centres or local support organisations
- Friends and family
- Online resources
- School
- Local councillors
- None of the above
- Other: \_\_\_\_\_

## 11. 10. Are there any barriers that would prevent you from accessing support? \*

*Check all that apply.*

- Not knowing where to go
- Worrying you are not eligible for support
- Time
- Confidence and self-esteem
- Embarrassment
- Overwhelmed
- Access issues
- None of the above
- Other: \_\_\_\_\_

12. 11. Are you aware that you can access support, signposting and resources from The Whitstable Umbrella Community Centre and The Umbrella Cafe CIC?

*Mark only one oval.*

Yes

No

13. Please add your email address or contact number if you are happy to be kept up to date with any new services or support we provide. Your data will not be shared or used for any other reason.

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14. Any further comments around what support you think would be helpful to the community?

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