



Whitstable Junior School

Oxford Street, Whitstable, Kent, CT5 1DB

Tel: (01227) 272385

Interim Executive Head Teacher : Mr Ben Cooper

Interim Head of School : Mrs Kate Roy

e-mail: manager@whitstable-junior.kent.sch.uk

Dear Parent/Carer,

change 4 life

Change 4 Life Club Term 4 2023

Does your child have an interest in cooking? Do they like being active but sometimes struggle to find games to play?

I am writing to make you aware of an exciting after-school club that will run during Term 4.

Unlike many other after-school clubs, this provides the children with inspiring and engaging ideas and activities for ways in which they can become more active other than through the usual sports that can be played. Alongside this, the club also explores tasty and nutritious meals that the children get to grow, cook and eat. (Any allergies or intolerances will be catered for). Additionally, we will be exploring how we can reduce our carbon footprint.

During the club, the children will learn about the health benefits of eating a balanced diet and the importance of being active.

The club will be run by Mrs Browning and Mrs Dean, in the Year 5 Intervention room, which is situated off the school hall, on a Tuesday, from 3:15pm to 4:15pm, starting Tuesday 28th February 2023, with a view to continuing until the end of the summer term.

There is no cost attached to the club, just a commitment to attending each session.

So, if your child is interested in growing their own fruit and vegetables, or enjoys cooking, or really wants to burn off some energy at the end of the day, or just likes the idea of developing more skills in these areas, then this could be the club for them.

Should you require more information please do not hesitate to email me at kroy@whitstable-junior.kent.sch.uk

As we only have limited places, and some children already on the waiting list, please can you complete the form below to register your interest by Monday 6th February 2023. You will receive a text to clarify your child's place at the club by Friday 10th February 2023.

Yours Sincerely

Mrs Roy

Interim Head of School

Change for Life Club - Term 4 - 6 2023 Return to the school office

I would like my child _____ (name) _____ (class)
to attend the Change for Life Club, starting Tuesday 28th February 2023

Signed: _____

Relationship to child: _____





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