

THE DOT KIDS METHOD COMBINES
THE CALM OF MINDFULNESS
WITH THE POWER OF GROWTH MINDSET

CREATED BY ARTS & MINDSET EDUCATOR AND DOT KIDS FOUNDER, JULIE BEVAN.

















ENHANCING CHILDREN'S WELL-BEING

DEVELOPING WAYS TO RELAX & SELF-CALM ENCOURAGING SELF-BELIEF • EMBRACING SELF-EXPRESSION CELEBRATING UNIQUENESS • ENHANCING CONFIDENCE TO BELIEF IN OUR POTENTIAL • ENCOURAGING DISCUSSION RECOGNISING 'MISTAKES' AS LEARNING OPPORTUNITIES.

FOR BOOKING & MORE INFORMATION: W W W . D O T K I D S . C O . U K