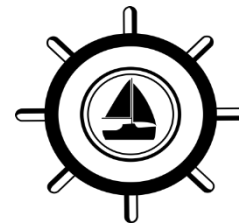


Whitstable Junior School

Sports Newsletter- Terms 3 and 4 2023



Dear Parents/Carers,

It has been another action-packed and exciting few terms with regards to sporting events and opportunities at WJS, with a focus this term on non-competitive sports and developing resilience. No matter what the focus or activity, every child has demonstrated team-work, skill and compassion and I would like to take the opportunity to say how proud of them we are.



Also, we would like to say a huge congratulations to Amelie who came 2nd in a Thanet Dance Competition; I know how much this meant to you Amelie. If there are any other children with sporting hobbies that they enjoy taking part in outside of school, we would love to hear about them and how others may be able to join if they wish. So parents/carers please email me on kroy@whitstable-junior.kent.sch.uk to let me know, or children simply come and find me around school.

Sports Crew

Sports Crew have continued to be involved in promoting the daily sporting activities around the school by applying their training, knowledge and skills to ensure that there are a variety of lunchtime activities on the large playground. They have been supporting the younger children in playing structured games and have also taken on the role of monitoring the sports equipment to ensure that it is stored away safely and carefully looked after; which is great to see and shows what great role-models they are.



Year 6



The children in year 6 have once again demonstrated their community spirit by taking part in the annual Walk for Water event. This year the children have shown remarkable resilience by challenging themselves to walk even further than the suggested 6km with backpacks containing water, to enable them to empathise with children in Africa who have to walk miles to gain clean water. Some children walked over double this during the course of the event! Amazing!

We also selected 16 children to represent WJS at the University of Canterbury main Walk-for-Water event; these children were selected based on their heart-felt and compassionate letters that they wrote in response to an assembly which was delivered by Chestfield Rotary Club earlier on in the term.



Incredibly, due to the children's' dedication and kindness, they managed to raise the most staggering total of £1,546.05 which is the most we have ever raised! Thank you so much to all of the friends and family who supported the children. We will be looking forward to seeing how the money has been used later in the year.



Change for Life After School Club:



Wow! What a success this club has become! Thank you so much to Mrs Dean and Mrs Browning who have made this club so popular that it now runs twice a week, for both Upper and Lower School and will continue until the end of the academic year!



So far they have cooked up some amazing feasts, from zesty Caribbean Chicken to Savoury Basil and Tomato Tart to Sesame Seed Lollies. They have also been looking at how important keeping active is and how it can be fun and definitely not boring! Children and parents have commented on how great it is that the children are trying new foods, becoming excited by new recipes, overcoming barriers to eating and really understanding more about how food and meal times can be fun and delicious.



Looking forward to next term, the children will be growing their own fruit and vegetables, then developing menus based on these foods and also developing their understanding of how we can reduce our carbon footprints.



Thank you to the kind parents/carers who donated compost to help make this happen!

Inclusive Sports



To ensure our children have access to a broad and balanced sporting curriculum, we are fortunate to have Inclusive sports who come into school every Tuesday afternoon to work with all of the children and have been promoting different sporting activities, such as speed stacking, circuit training, dodgeball and pickle ball. They also offer these activities as part of our ASC offer.



Looking forward to next term, they will be promoting Athletics in term 5 and Quidditch in term 6.

Athletics Competition



We took part in a mixed interschool Athletics Competition at Hernebay High School during Term 3. 15 schools entered and we came 5th, which was a super achievement as the whole event was very close and provided a great 'nail-biting' ending. Our entire team of 14 children worked so well together and should feel proud of themselves for their respectful attitude and determination



to do their best. Well Done team WJS!

Weekly Football Draw:



During term 4, we have had the privileged job of being able to award some of our family's free tickets to watch Whitstable FC play at home every weekend for the past 5 weeks due to the generosity of Whitstable Town FC's chairman: Mr S Clayton. Names have largely been drawn out of a hat but selected by staff based on those children who are great role models on and off the pitch and super community members.



In Term 5 and 6, we are looking forward to many more amazing competitions, ranging from taking part in a Football Futures spring competition to a rounder's festival, girl's dynamo cricket and mixed cricket, as well tennis and Handball.

We are also excited that every child in the school will be attending swimming lessons using the lovely Whitstable Swimming Pool; year 3 and 4 will be first to swim during Term 5 followed by Year 5 and 6 in Term 6. Furthermore, Year 6 will take part in Water Safety training to ensure that they have the skills and knowledge to be able to keep themselves safe as they get older.

We are also excited about our Term 6 Sports Week that will encourage our children to explore different sports, research influential Sports People and appreciate the importance of finding a sport and/or exercise that they enjoy. During this week, the children will also be preparing for our Sports Day that will be held on site and run by our very own Sports Crew (as well as myself and Mr Kidd). Please let me know if you have any thoughts on how this event can be made even better for all children who take part, I welcome all ideas.

Thank you for taking time to read our Sports Newsletter for Terms 3 and 4. I hope you all have a wonderful break and enjoy Easter. If you have any questions, please do not hesitate to contact me either via email.

Kate Roy

PE Lead

March 2023