



Whitstable Junior School

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Friday 19th May 2022

Dear Parent/Carer,

Year 5 Sex and Health Education at WJS Term 6 2023

As we approach the end of the academic year and the children have had the opportunity to establish trusting relationships with their teachers and each other, we deem them ready to undertake the Sex and Health aspects of the statutory Relationships Education curriculum. Below is an outline of the curriculum coverage that the children in year 5 will be experiencing during term 6. More detailed coverage and planning can be found on our website.

In Year 5, both boys and girls will revisit the subject of menstruation in more detail learning about the stages of the menstrual cycle and its role in reproduction as covered by the national curriculum for Science. The children will be taught that menstruation is a perfectly normal part of growing up for girls and is the female body preparing to have a baby one day. This is vital for girls in order to understand what is happening when they start their periods and important for boys to help them develop supportive relationships in the future.

All of the lessons outlined above have been developed to correspond with other schools both locally and nationally and with careful consideration of the individual and collective needs of the children. To support you as parents and carers, resources and content are available to view prior to delivery via our website (Our School/Our Curriculum/Relationship and Education/Sex Education Curriculum 2023), to support with discussion at home.

It is of course your parental/carers right to decide what is the best way to approach these topics and therefore we are writing this letter in order to give you the opportunity to reflect and decide if you are happy that your child be part of these lessons. At WJS, we hold great value in the importance of preparing the children to be successful young adults and feel that these lessons are just as important as any other, but at the same time should you wish your child to learn about these topics via yourself and therefore not take part in the lessons during term 6 at school then please email me by Friday 9th June so that I and the class teacher can prepare for alternative provision for your child.

Should you be unable to access the resources and/or would prefer to discuss any of the content of this letter, then please do not hesitate to contact me, via the school office or email: kroy@whitstable-junior.kent.sch.uk

Kind Regards

Kate Roy

Assistant Headteacher/Curriculum Lead.