



Whitstable Junior School

Oxford Street, Whitstable, Kent, CT5 1DB

Tel: (01227) 272385

Head Teacher : Ms Sarah Kent

e-mail: manager@whitstable-junior.kent.sch.uk

Monday 3rd July 2023

WJS SPORTS DAY

Thursday 13th July 2023

On our Multi-Sports Pitch at WJS

Starts 12.30pm – 3.15pm

As part of our Sports and Healthy Living Week, we are holding our Sports Day on Thursday 13th July on the school playground and are inviting you to come to support your child and their class in a variety of fun, athletic related events.

The events will start at about 12.40pm, with the Year 3 and 4 Carousel activities, which will see each class work together to complete a range of activities from: chest push, to hit the wicket, to javelin and long jump. The children have previously practiced during their PE lessons to ensure they understand what they are doing on the day and also to create their own personal best score to try to beat on the day. Each child will take part in these timed events, which will be led by our wonderful Sports Crew and assisted by the House Captains. We anticipate these events will take approximately 40 minutes to an hour in total. Following afterwards, Year 5 and 6 will come out to complete their Carousel of activities, giving the year 3 and 4 children chance to get a drink and rest.

The Year 5 and 6 Carousel will include shot put, hit the wicket, javelin, chest push and hurdles. Once again, we anticipate that this part of the sports event will take approximately 40 minutes to an hour.

Once all of the Carousel activities have been completed, which should be at approximately 2.40pm, the whole school will come together, in their houses, to cheer on the Mixed Team House Races, of which there will be sprints and relays. Year 3 will race in their houses first, followed by year 4, then year 5 and then year 6. These will take place on the multi-sports pitch.

Throughout the afternoon, the children will have been awarded points for any of the activities or races they have won, or achieved 2nd or 3rd place, with all children receiving a certificate for demonstrating determination and challenge for their own personal best scores. The winning House Team will be announced during the final assembly the following week due to intra-house competitions continuing through the weeks, all contributing towards the final total for each House.

Throughout the week, Sports Crew will be completing additional sporting activities such as Wake – up and Shake up at 8.30am on the school playground, which all children are invited to complete and also Yoga in the classrooms after break. **There will also be a launch assembly on Monday 10th July where the children will get to meet a GB Juniors wheelchair tennis player who will share with them how they have achieved their sporting dreams.** The children will also be studying a range of influential sports persons, investigating different sports as well as considering: What does a healthy diet look like?

Please can:

- **Children wear school PE throughout the week and please ensure they are wearing their House colour t-shirt on Thursday 13th July**





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- **Please ensure that your child brings extra drink, a sun hat and sun cream as appropriate on Thursday**

The bottom school gates will be open from 12.30pm and we would ask you to gather around the edge of the playground to watch the events.

Children will need to go back to class to gather their belongings before being dismissed.

Should you have any concerns that your child may feel overwhelmed by the Sports Day events that are detailed in this letter, due to SEN or sensory needs, then please contact kroy@whitstable-junior.kent.sch.uk where I will be happy to discuss this further.

Yours sincerely

Kate Roy

Assistant Headteacher



Artsmark
Silver Award
Awarded by Arts
Council England



Ofsted
Good rating



INFLUENCING
SUPPORTING &
CONNECTING

