



Whitstable Junior School

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Friday 17th May 2024

Dear Parent/Carer,

Year 4 Sex and Health Education at WJS Term 6 2024

As we approach the end of the academic year and the children have had the opportunity to establish trusting relationships with their teachers and each other, we deem them ready to undertake the Sex and Health aspects of the statutory Relationships Education curriculum. Below is an outline of the curriculum coverage that the children in year 4 will be experiencing during term 6. More detailed coverage and planning can be found on our website.

In Term 6, children in Year 4 will be learning about puberty. We consider Year 4 to be the appropriate year group for this delivery as statutory guidance states that puberty should be covered in Health Education before onset so that pupils are prepared in advance for the changes they will experience. The changes explored in the lesson are change in body shape including growth of the penis and development of breasts, pubic and body hair growth, increase in perspiration, start of menstruation, deepening of voice and possible mood swings.

All of the lessons outlined above have been developed to correspond with other schools both locally and nationally and with careful consideration of the individual and collective needs of the children. To support you as parents and carers, resources and content are available to view prior to delivery via our website (Our School/Our Curriculum/Relationship and Education/Sex Education Curriculum), to support with discussion at home.

It is of course your parental/carers right to decide what is the best way to approach these topics and therefore we are writing this letter in order to give you the opportunity to reflect and decide if you are happy that your child be part of these lessons. At WJS, we hold great value in the importance of preparing the children to be successful young adults and feel that these lessons are just as important as any other, but at the same time should you wish your child to learn about these topics via yourself and therefore not take part in the lessons during term 6 at school then please email me by Friday 24th May so that I and the class teacher can prepare for alternative provision for your child.

Should you be unable to access the resources and/or would prefer to discuss any of the content of this letter, then please do not hesitate to contact me, via the school office or email: kroy@whitstable-junior.kent.sch.uk

Kind Regards

Kate Roy

Assistant Headteacher

